

- Backpack - 65 liters preferred (55 liters to 75 liters range)
  - Backpack cover or trash bag to cover or both
  - Trash bags for inside of pack - heavy rain
  - Zip-lock bags or small stuff sacks for contents inside pack
- Three liters of water
  - Two 1.5 liters or three 1-liter backpacking water bottles or 6 half liter disposable bottles of water; 4 liters for some people or summer
- Sleeping bag - 20 degrees or lower
  - Note, the comfort level of bag rating is generally 10 degrees higher than bag rating, if 20-degree bag, the comfort level is 30. Most of our Scouts need a liner or extra blankets.
  - Sleeping bag liner (available at REI)
  - Sleeping pad - insulation factor R5 or higher
  - If backpacking closed cell pad - two stacked
  - Down booties for sleeping - optional
- Hiking boots, waterproof, high top
- Clothing
  - Wool socks - two pairs – three pairs if several stream crossings
  - Hiking sock liners - two pairs – three pairs if several stream crossings
  - Hiking pants - Scout pants are good - no jeans – convertible good in summer
  - Insulated parka or rain jacket
  - Insulated pants or rain pants
  - Fleece jacket
  - Fleece pants
  - Fleece pull over, two
  - Wool sweater – if very cold (item is heavy, only bring if necessary)
  - Thermal underwear - no cotton – heavy weight
  - Moisture wicking tee shirt
  - Stocking hat - good to sleep in or wear if it gets cold
  - Baseball hat - optional
  - Gloves - lightweight wool
  - Bandana
  - Extra underwear
- Equipment
  - Head lamp - lower the weight the better - new batteries installed - Or small flashlight
  - Mess kit - Spork and bowl - Mug optional
  - Personal first-aid kit
  - Prescriptions
  - Pocket knife - one per patrol
  - Lighter - one per patrol - small version
- Personal hygiene
  - Toilet paper
  - Tooth brush - cut off bottom half of handle to lower weight
  - Tooth paste - very small amount - optional
  - Hand sanitizer - very small amount
- Money
- Sunscreen - if needed
- Map and compass - one per patrol

- Whistle - optional - built into some packs
  - GPS - optional
- Water filter - Scouts do not need to bring this
- Two-way radio - Scouts do not need to bring this
- Bear bag storage
  - Personal items in zip-lock for bear bag
    - Food
    - Toothpaste
    - Tooth brush
    - Personal food
    - Sunscreen
    - Insect repellent
    - Soap
    - Anything else that smells
- Troop provided
  - Tent
  - Stove
    - Fuel
  - Pots & pans
  - Bear bag - One per patrol
  - Bear bag rope - One per patrol
- Cook provides
  - Food
  - Trash bags
  - Paper towels
- Optional
  - Straps
  - Tarp
- Parents, bring your own tent